

What is the Snack Table Program?

The Snack Table is a cornerstone of our Montessori classroom, offering children hands-on opportunities to grow through preparing, enjoying, and cleaning up their snacks. These activities build independence, fine motor skills, and social confidence, all while promoting healthy eating habits.

Key Features of the Program:

- **Hands-On Learning:** Under careful supervision, children wash, peel, and cut fruits, toast bread, and even make waffles.
- **Healthy Choices:** Snacks include fresh fruits, breads, crackers, and dairy options, emphasizing nutrition and variety.
- **Social Interaction:** Children practice grace and courtesy as they share snacks with friends.
- **Practical Life Skills:** Cleaning up after snack time teaches responsibility and respect for shared spaces.

Why It Matters:

The Snack Table nurtures independence, confidence, and social-emotional growth while making learning enjoyable. It's a program where every activity is a life lesson.

Join the Journey!

The Snack Table is a transformative experience for children. We invite you to see it in action and witness the joy and learning it brings to our Montessori classroom.

[Contact us for more information!]